

Edition 45 Autumn2011

FREE

LAKES & ALE



**Alan Risdon
Westmorland Branch President
Top 40 CAMRA Campaigner**

Westmorland Branch of CAMRA

www.camrawestmorland.org

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Editorial

Well, here we are at the back end of another summer and soon the schools will be back and autumn will be on its way, however it is not all doom & gloom as we have some good news reported inside with a number of our old favourite pubs reopening after makeovers. These seem largely to be in the less urban parts of old Westmorland and is an encouraging sign that seems to be going against the general economic gloom. Still we do have a great number of fantastic Cumbrian beers and an equally good number of beautiful pubs. The Kings Head, Ravenstonedale; the Chamley Arms Warcop; the Midland Hotel, Appleby; The George at Orton & the Butchers at Crosby Ravensworth have reopened this summer. We wish them well and hope to hear that others such as the New Inn Brampton joining them soon.

We must also congratulate our President Alan Risdon on being voted one of CAMRA's all time top 40 campaigners and he joins Stuart & Linda from the Prince of Wales, Foxfield who have justifiably been similarly recognised for their tireless work for CAMRA. Next edition will be the Christmas one; there I have said that dreaded word in August! Editor

Are you on the email list? If you would like to receive information from The Westmorland Branch then please send an email our Secretary, Dave Welch at hengispod@live.co.uk We will keep you informed of all forthcoming meetings and events.

Closing date for contributions to the next Issue is 14th November 2011

Front: Our President Alan Risdon, who has been voted by CAMRA members as one of the top 40 all time Campaigners

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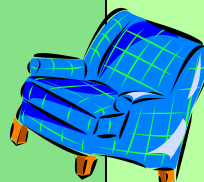
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From the Chair...



Hello All,

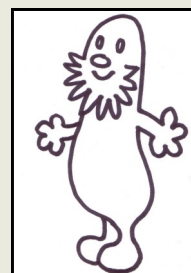
There's quite a lot going on in the branch and in the area.

The planning for our Westmorland Beer Festival continues and we all hope that it will be another successful event. We are hoping to see you at the Town Hall in Kendal between the 12th and 15th October.

Many other excellent festivals have taken place recently; these include venues such as: The Three Greyhounds at Great Asby, The Golden Ball at Appleby, The White Horse at Kings Meaburn and The Kings Arms at Kirkby Stephen. All of these events, whether large or small, long established or new, bring an excellent variety of different ales from both local and national breweries as well as an increasing range of real cider and perry. Why not have a look at the Beer Festivals section in the magazine and see if you can attend a future local event. If you're thinking of travelling a little further then you could try another CAMRA Festival: Keighley on 22nd to 24th September or Carlisle on 6th to 8th October. You will find a good welcome and an excellent range of drinks. Watch out as well for the forthcoming "Beer

Lovers Dinner" which again take place in Kendal this year.

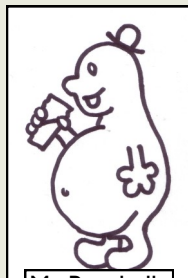
Because we are a campaigning organisation we need to set some objectives both nationally and as a local branch. One of the local objectives is to move away from the (false) stereotype of all real ale drinkers being someone who is "Old, bald and bearded" (although you will still find some of us fitting this image!). What we



Mr Beardy

want to do is to bring "Real Ale" to a wider audience. To assist in this there is "Young CAMRA" which is for members who are aged 18 to 30 and it has its own specialist Committee which meets at a variety of venues throughout the country. Locally, we attended the recent "Kendal Calling"

and had a Membership Stand which also had some beers to taste; people who attended probably would not have visited a specialist



Mr Beerbelly

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Beer Festival on its own but thoroughly enjoyed the beer and the “Tutored Tastings.” By the end of the event we had welcomed 52 new members of all ages from throughout the North West.

CAMRA now has over 120,000 members nationwide and, of these, approximately 10% are “Young CAMRA.”

CAMRA is to do with Real Ale – well, yes, obviously it is; but that is not all. Real Cider and Perry are wonderful products and, although often quite difficult to get hold of, are worth searching out. There are a huge number of mass produced “Ciders” out there and I’ve recently seen “Pear Cider” on offer, stay away from most of these!

Real Cider is made out of specialist apples and Real Perry is made out of specialist pears; the range of very dry to very sweet and the subtle differing flavours are worth trying. Why not try them next time you see them, at possibly your local beer festival. The abomination of ‘Pear Cider’, by the way, is made out of **any** old apple juice with flavourings added to it. I’d recommend that you try some of the real pear cider.

Even with the continuing closures, there are still a lot of “Locals” out there; all of whom are going through difficult times as the “Credit Crunch” bites home with all of us. Another thing that we want to continue to do, as a branch, is to publicise our “Locals.” Much as we would like to,

we cannot visit everywhere. Could you, as a regular, or a visitor, or even a landlord, let us know about the establishments that you particularly like and why you like them; possibly add a photograph of the pub, and send the story to our Lakes and Ales Editor; who is always pleased to receive articles.

If now your taste buds are refreshed by “Real Ales” (or Cider or Perry) and you want to find out a bit more about it all, then why not put “CAMRA” or “CAMRA Westmorland” in your computer’s search engine and have a browse through the web site. Membership application forms can also be found on line or in this magazine. If you want to join in with your local branch, for socials or a bit more, you will all be made very welcome, both younger and older.

Even if you don’t fancy doing any of the above I hope that you’ll continue to enjoy the Real Ale and as we approach Autumn and Winter the breweries are dusting off their “Winter Warmer” recipes to add diversity and a darker colour to compare with the golden summer ales that have become readily available. I hope you’ll be able to take the time to try styles of beer that you may not have thought of previously trying.

So here’s to sensible, enjoyable, sociable drinking and good conversation. Cheers!

David Prickett

Chairman Westmorland CAMRA

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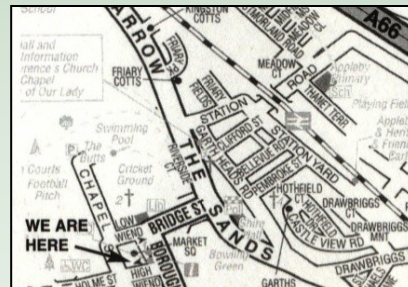
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The Return of The Chamley Arms, Warcop.

Appleby in Westmorland, Cumbria, CA16 6NX.

With so many local pubs closing temporarily and then never re-opening it is a pleasure to see The Chamley Arms now operating as a pub again.

Not only back in business, but also selling real ales by both hand pump dispense and by using a new beer in the bag system that has been successfully used in other establishments. The new system is reported as keeping the beer in fresh tip top condition for much longer than the usual real ale dispense systems. Further information will be sought and, of course, extensive quality testing will be required! It is intended that eventually a never ending Beer Festival will be available with up to 40 real ales and 10 ciders and perries available; mostly from Cumbria but with some interesting out of area breweries being on offer as well.

We are looking forward to returning to The Chamley and tasting some of the beers dispensed via the new system and will report

findings to CAMRA nationally as this is the first time that we have come across this system in our area.

Food should be available now and there are extensive plans for further improvements to be made. A 50 seat restaurant is being planned for an intended extension to the rear of the pub. It is also hoped that Beer and Music Festivals can become regular events.

The existing accommodation is being refurbished and improved with extra accommodation being constructed as well.

The Chamley Arms is only 5 minutes drive away from the A66 and the Penrith to Kirkby Stephen bus goes through the village as well.

David Prickett

August 2011



ALAN RISDON

Top 40 CAMRA Campaigner



To mark the 40th anniversary of CAMRA it was decided that a fitting exercise would be to let all CAMRA members vote for a member who they wanted to be included in a list of the Top 40 campaigning Members of all time. It was not confined to those still shuffling about on this 'mortal coil' as several successful nominees received posthumous awards.

Amongst this illustrious campaigning band, and very deservedly so, was our very own Branch President Alan Risdon. The citation for Alan's nomination reads as follows:

- An inspiration, one of the first 100 CAMRA members
- A lone voice for many years in Westmorland Branch
- An indefatigable campaigner and a true gentleman.

I don't think anyone who has met Alan would ever disagree that he is indeed a true gent. It is also true to say that Westmorland Branch owes much of the campaigning success and the 17 very successful beer festivals held to date to the tireless work and dedication shown by Alan over the



years. He was present at the negotiations that led to the establishment of Westmorland branch along the mainly old Westmorland County boundary. He has been to every Great British Beer Festival until ill health stopped him very recently. He held a copy of every published Good Beer Guide, and so the list goes on.

There was a period in the

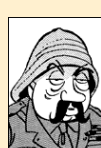


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past when Alan trod an almost lone path in producing AND delivering the early editions of this publication. He is an avid reader of the various trade journals for the brewery trade and consequentially is a walking encyclopaedia for all you need to know about the brewing industry.

In recent months Alan has not been as well as he would have liked and now finds it increasingly difficult and frustrating that he cannot get around to his beloved Lake District pubs as he would wish. But, with the continuing help of his daughter Ellie and other kind friends such as Rik from the Badger Bar, he still pops up from time to time to make the various official presentations to our Westmorland local pubs. I am sure he would wish to be remembered to all his many friends, publicans, & fellow beer lovers and I am sure we all wish him the very best, he deserves it! We hope that you will continue to grace us with your presence whenever you are able. Well done!



Anita welcomes you to

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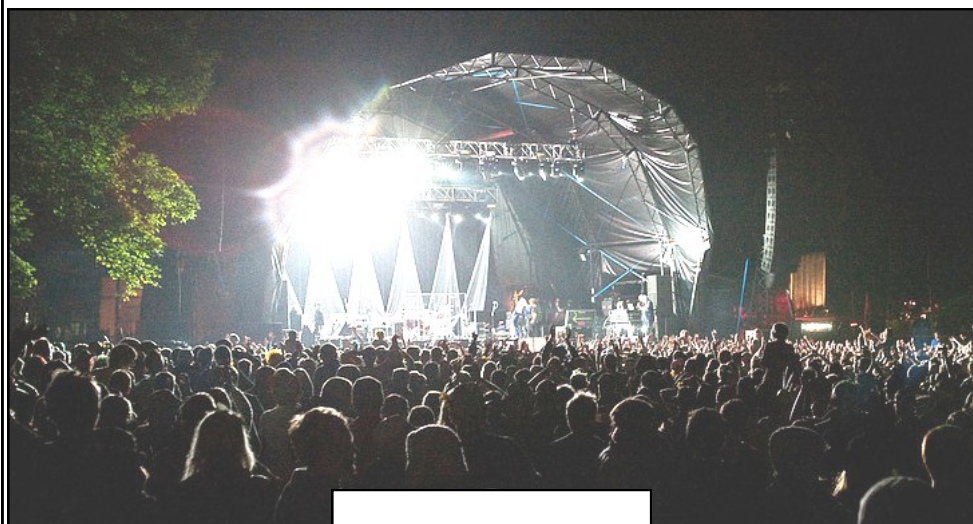
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Keswick PDF Adv, please insert pdf inside
the gold edging. Thnxs

KENDAL CALLING – 2011



This year's CAMRA recruitment drive at Kendal Calling festival once again proved to be a very successful one. The total new members recruited at Kendal Calling 2011 was 52! This increase in members was mainly the result of having a larger team of CAMRA volunteers this year, thus creating more of a presence.

Also we were kindly allotted more space to set out our stall inside the real ale tent, which was twice as big as last year. It also helped our cause that we were able to offer these new members a free



2011 Good Beer Guide, along with the usual CAMRA new member perks. We felt that this helped swing a lot of the people into joining, especially the younger

ones.

Another new feature introduced by the CAMRA enthusiasts this year was the introduction of a beer tasting session on

the Saturday and Sunday afternoons. This was presented by Chris Holland & Phil Walker and attracted around 30 people overall. The popularity of the sessions was due, in the main,



Self explanatory

(Continued on page 13)



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Go to: www.camrawestmorland.org/festivals.html for more details

(Continued from page 11)

to the fact the good folks at Kendal Calling added a piece about the session in their fairly brief programme of events.

One beer from each of the breweries attending the festival – Hawkshead, Tirril, Dent and Hesketh Newmarket, were chosen for the popular tasting session.

On the Sunday afternoon of the festival CAMRA presented the organisers of Kendal Calling the award for CAMRA Westmorland Campaigning Event of the year 2011. This was witnessed in front of a fairly large crowd who had just watched the antics of Penrith Mountain rescue team breaking the World Record by



smashing the largest piece of Kendal Mint cake some 4 metres long. With the success of CAMRA'S recruitment drive at this year's Kendal Calling, it is looking fairly likely to win again next year! Roll on 2012!!!

Phil Walker

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The Return of The Midland Hotel Appleby in Westmorland

The Midland was built in the early 1800's, at the same time as the Midland Railway Settle to Carlisle line was being constructed. It was built using the local red sandstone that can be found in many of the railway station buildings. It was first licensed in 1876 and continued to trade until December 2009 at which time it closed.

We have all heard of the large number of pubs closing throughout the country, with many of them being turned into houses or flats without any consideration being given to them reopening as a pub. Because so often the "local" is lost to the community forever we were concerned that The Midland would go the same way and were therefore delighted to hear that it was going to reopen.

Clive and Amie Bissland had taken possession of The Midland in September 2010 and carried out extensive refurbishment throughout the building, in many cases removing more modern works which then exposed some of the original features, which included some fireplaces in the upstairs letting accommodation.

In one of the bars a now useable, chimney was exposed and a wood burning stove has been installed to give both warmth and character. The existing bar was stripped out and a more modern, open, lighter, almost art



Above: *The refurbished front of the Midland Hotel*
Below: *A blast from the past the Midland in bygone days*



deco, feel has been given to the entire establishment, with cool decoration and lighting. The extensive

(Continued on page 17)




THE OLD DUNGEON GHYLL HOTEL GREAT LANGDALE

**CAMRA Westmorland
PUB OF THE YEAR
2008**

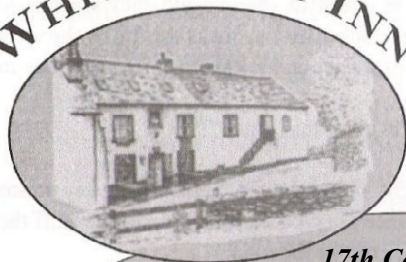
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- Good Beer Guide 2007
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(Continued from page 15)

refurbishment continues, but the pub was reopened for Easter 2011 and

Keswick Brewery, with contact established with many other local breweries who are interested in supplying.

The sale of Cumbrian real cider is also being looked into. Both Clive and Amie are looking to continue with quality real ales and to maintain and also indeed to improve upon the standards previously gained.

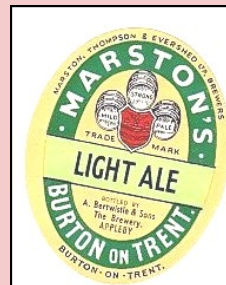
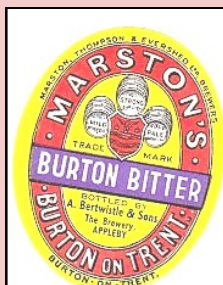
The welcome to locals and visitors is still there at The

Midland, only the décor has changed. Whether you are living in or visiting Appleby The Midland is definitely worth a visit

You will find The Midland adjacent to the Settle to Carlisle main line Appleby Railway Station and here are some more contact details:

**The Midland Hotel,
25 Clifford Street,
Appleby in Westmorland
CA16 6TS,
(T) 017683 51524**

Old Appleby Brewery bottled beer labels



Clive and Amie in their new bar.

there are now two of the five letting bedrooms ready for occupancy. The kitchen has also had a lot of work done to it and "good pub grub" using locally sourced ingredients will soon be on offer.

The garden, which has a children's play area and a smoker's area has also been opened up, with more plans in hand to further improve the beer garden and its facilities, as well as completing the pub interior; a busy time for all.

Clive and Amie had a good look at what they wanted to offer to drinking customers and have chosen to go for good quality wines and spirits, as well as some of the national beer and lager brands that you see in many establishments.

The Midland still has the advantage of being a Free House and up to three good quality real ales are offered, via hand pump, with Cumbrian "Locale" already coming from the likes of Heskett Newmarket Brewery and

Cross Keys adv PDF

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FROM THE USA TO EUSTON

More news from across the pond, but this time with a twist in the tail.

The US real ale revolution continues unabated, there's over 1600 brewers now and countless beer varieties. This time our trip took us to Virginia and, for the first time, the nations magnificent capital, Washington DC. Here, next to the hugely impressive Union station, is



Capitol City Ale House, Washington DC



Capitol City, Washington DC, inside

the Capitol City Ale House housed in the magnificent surroundings of a former post office. Capitol City Brewing

company was set up in 1992 and is the first brewery in DC since Prohibition. Ten brews were on tap including an Imperial Russian stout (8.5 ABV), an English style dark ale(5.3 ABV), German golden ale(4.8 ABV), German wheat beer (5.5 ABV), American style India Pale ale (6.8 ABV) and an English ESB (5.2 ABV). The German golden, Capitol Kolsch came in at \$5 a pint, the IPA at \$6. A gentle stroll from the stunning Capitol building, it should be on every tourist agenda.

We moved on to Charlottesville, Virginia, home of Thomas Jefferson the writer of the declaration of independence. He died at the remarkably old age of 83 exactly 50 years after the declaration which just goes to show the Brits will get you in the end.

We stayed in the 200 South Street Inn, all Southern comfort, wooden, with a balcony right round it equipped with rocking chairs. At 5 pm wine, cheese



South St Brewery, Charlottesville, Virginia

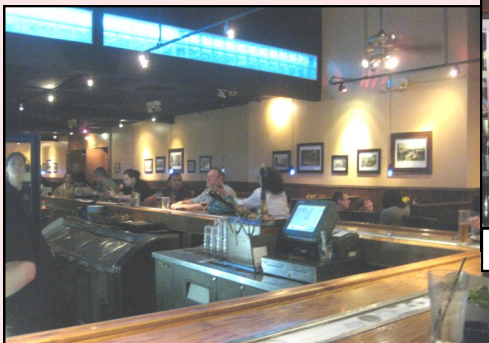
and fruit was served. The wine was imported from France, goodness knows why in the fifth largest wine producer on the Eastern seaboard and home to stunning wines.

(Continued on page 20)

(Continued from page 19)

But if that wasn't enough, next door was the South Street Brewery. This was founded in 1998 in an old grain warehouse dating from the late 1800s with brick walls, hardwood floors and thick timber pillars providing a striking setting for their custom built brewhouse. They use only highest quality ingredients and their beer is always fresh. This is mixed with a menu they describe as "an eclectic sampling". Five ales were on tap and a guest brew from Denver and a draught cider. We chose a sampler of four in 4 oz glasses for five bucks. My tasting notes (I was unusually well organised) note the following. Satan's Pony Amber Ale, superb, very smooth, JP Ale, very hoppy, Hefeweizen, excellent taste, very cloudy and Rye PA, very, very hoppy. The latter is hardly surprising as it is described as "unfiltered to retain more of the hop aroma and full body contributed by the rye malt." They sign off by saying "our cuisines and libations are served in a friendly, relaxed manner that challenges the idea that excellence necessitates pretence" Certainly the case as our server had forgotten which ale was which and said " don't worry the taste will tell you". And it did.

On next to the handsome state capital



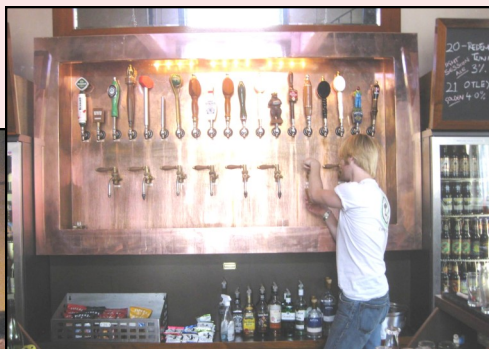
Capital Ale House, Richmond VA.

of Richmond. Here is to be found the remarkable Capital Ale House with a beer menu covering 15 pages all arranged by type from all over the world. There's stouts, wheat beers, Smoked Rauchbiers, red ales, porters, pale ales, lambics, IPAs, Virginia beers, brown ales, Belgian beers, barley wines, American strong ales and much, much more. There's even two handpumps from which Pennsylvania Victory brewing Hop Devil was proudly served in traditional English Imperial pint glasses.

It was here I collected a copy of Ale



Outside the Euston Beer Tap, London



Inside the Euston Tap

(Continued on page 21)

(Continued from page 20)

Street News, the sort of US What's Brewing, and found a column headed London Crawling. The title was "The Yanks are coming" and it went like this. "It's about time the idea of craft beer bars crystallised in London. In the last couple of years a clutch of small experimental local brewers have brought things to a critical mass. And at last the concept of a bar featuring American and world beers is mushrooming here in the capital." And then, amazingly, it went on to describe the Euston Tap, housed in a stone

gatehouse at the station of the same name. We both gasped, in a previous incarnation one of us had been refused entry to it and that was me. The bloke. Anyway, ASN waxed lyrical about the variety of ales on draught and bottled including many American brands. We vowed to visit and a few weeks ago, in the interests of research for Lakes & Ale did just that. It is a really good reason to go to the other end of the Windermere branch line.

Roger Davies

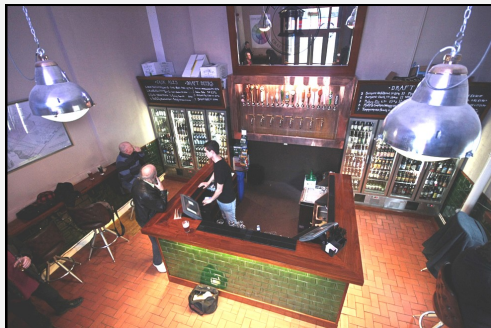
Congrats to Roger on his recent nuptials
Ed

Brief History of Euston Tap

The Euston Tap is located inside the Western Lodge outside Euston railway station in London. It was one of four lodges that flanked the impressive Euston Arch. The arch is considered by some as the first great monument of the railway age.

The station opened on July 20, 1837, as the terminus of the London and Birmingham Railway and a similar arch still exists in Curzon Street, Birmingham at the other end of the line.

Sadly, the arch along with the original Euston station was demolished in 1961/62 to much criticism. In November 2010 the Euston Tap opened. It is operated by the same company that runs the successful Sheffield Tap in Sheffield railway station.



Interior - despite looking rather diminutive from the outside, the Euston Tap consists of two floors, the ground floor a bar area with stools around the edges and the first floor a lounge area with more comfortable seating and tables.

The simple horseshoe-shaped bar is decorated with dark green tiling dominates the ground floor and to the rear of it are the 27 taps dispensing 19 keg and 8 cask beers from around the world. Either side are fridges fully stocked with mainly continental and American bottled beers.

Outside - is perhaps the smallest beer garden I've encountered with room for just a few tables.

The Beer - the selection of beer available is one of the best in London. Prices vary wildly as you'd expect, The cask ales were priced at a reasonable £2.70-£3.60 a pint.

Visiting the Euston Tap

The pub is very easy to get to and is located next to both Euston railway station and a small bus station. It's also near both Euston and Euston Square underground stations.

I'll certainly be making it my first stop (and my last stop) when next I go down to the old smoke. **ED**

PDF K Lonsdale one
above the other please

Brewery Updates

Croglin Brewery

Andy Barrett, the current brewer, is handing over the brewery and the brewery activities to Ian Simkins & Robin Sanders, who currently operate the attached Croglin Castle Hotel.

David Prickett BLO .

Dent Brewery

The brewery has had a very busy summer. Currently they are re-launching their Dent Bitter (ABV 3.7%). Several trial versions are to be brewed and public feedback is welcomed before a final version is agreed.

David Currington BLO

Hawkshead Brewery.

Beer News From Hawkshead Brewery:

HAWKSHEAD BITTER (3.7%) is one of CAMRA's Beers of the Year, having been a Champion Beer of Britain finalist at GBBF, 2011. It qualified by being North West Champion Bitter.

BRODIE'S PRIME (4.9%) which is currently North West Champion Porter, has gone national with Wetherspoons -- on their autumn guest beer list. 400 casks have been delivered.

A NEW BEER: NZPA (6%) is now on the bar in The Beer Hall and in pubs where strong beer sells. It is pale, IPA-style, brewed with 100% New Zealand hops (4 varieties) and by Hawkshead's Kiwi Head Brewer, Matt Clarke. NZPA joins Cumbrian 5 Hop (5%) Lakeland Gold (4.4%) and Windermere Pale (3.5%) in Hawkshead's "Huge Hop range."

THE COUNTY SHOW: There was cold, fresh, hand pulled real ale at the Westmorland Show again this year. For the 2nd year Hawkshead Brewery ran the bars and supplied the beer, real not bright, by setting up portable cellars in chilled containers. The ale hit the bar at 12 degrees C. They did the same for the real ale tent at the music festival, Kendal Calling, where brewer Martin Howarth, who was a bar supervisor, reckoned he spent the weekend converting young women to Windermere Pale.

HEAD BREWER: Brewing Manager, Matt Clarke, was promoted to Head Brewer, in mid August. Hawkshead's founder, Alex Brodie, relinquished the title saying Matt, with his formal IBD (Institute of Brewing and Distilling) qualifications, now knows much more than him - and NZPA is the proof.

THE BEER SHOP at The Beer Hall, whose bottled beer stock was fairly traditional - classic Belgians and the like - has caught the zeitgeist and has started bringing in the sort of modern British bottled beers, the 'twittersphere' is talking about.

David Currington, BLO

(Continued on page 25)

Queens PDF done

(Continued from page 23)

Kirkby Lonsdale Brewery

The Brewery is still very busy and “rushed off their feet”. They have had a delivery of a lot more casks and are now looking to purchase two new fermenters. Also planning to introduce two new beers perhaps in the next month or so.

Colin Ashton BLO

Tirril Brewery

Brewery still working to capacity. The new Pennine Pilsner, O.G. 1037, A.B.V. 4%, is a top fermented lager flavoured with Czech Saaz hops, served cask conditioned and seems well received. Their brewery Tap at The New Inn, Brampton is closed currently due to management issues, not helped by a poor Appleby Fair.

Keith Morgan, BLO

Watermill Brewing Co.

Planning permission has now been obtained to construct both a road bridge & foot bridge across the River Gowan to the property known as Tweenbridges. The bungalow is to be demolished for car parking, construction of eight bedrooms & an imposing brewery, comprising of fermenting room, brew room, conditioning room, cask storage & washing, an office & a meeting room, All glass fronted. Tours will be provided.

The first phase will be the building of the bridges, then the demolition of the bungalow followed by construction of the building. Brian is hopeful that all the work will be finished by Easter 2013. The same 5 barrel brew kit will be used, but with an increased capability of brewing up to five times per week. There are also plans in the pipeline for a small reception area & shop to the front of the Watermill. After the bridges are built, Brian's late father Alan will then be officially buried 'next to a good pub' as per his wishes.

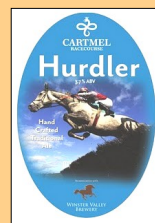
The Watermill celebrates its 21st birthday in December of this year, this branch is having its Christmas social at the same time, so a good evening is promised! Brian has now trademarked the name 'Windermere Brewing Company.' He is also hoping to brew a new beer after the end of August, as yet unnamed.

Tony Jackson BLO

Winster Valley Brewery

The Brewery remains very busy at the moment especially with their new beer 'Hurdler', (ABV3.5%). which has been brewed for this summer's Cartmel races. It is a golden ale; quite bitter with a dry, bitter finish.

Phil Walker BLO



BRAIN EXERCISES

**REALLY CONCENTRATE BEFORE GOING TO THE NEXT ONE REALLY
CONCENTRATE BEFORE GOING TO THE NEXT ONE**

1. Man
Board = Man overboard (get it)
Now try these
2. stand
I
3. r/e/a/d/i/n/g/
4. R
ROAD
A
D
5. CYCLE
CYCLE
CYCLE

6. 0
PhD
MD
 - 7 Knee
Light
 - 8 Ground
Feet,feet,feet,feet,feet feet
 - 9 he's x himself
 10. Ecnalg
- Answers page 42

punchbowlinn

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PUB OF THE YEAR 2011 AWARDS

Highly Commended WATERMILL INN, INGS



One slightly damp Monday in June, a baker's dozen of keen Westmorland CAMRA members descended on the Watermill at Ings from the four corners of the branch area. Our main purpose was to plan how to produce the best Westmorland beer festival we could. (see details on page 12)

but we also had the enjoyable task of presenting the Watermill with its award for being highly commended in our Pub of the Year competition. We are fortunate to have a large number of very good real ale pubs within the branch, and voting had been very close this year, so it was only fair that those pubs who had only just missed out to the winner, the Orange Tree in Kirkby Lonsdale, should be recognised.

Since being converted from a guesthouse in 1990, the Watermill has deservedly

been a perennial winner of awards and in a fitting speech our chairman Dave Pritchett pointed out the importance of the whole bar team in achieving this.

Of course we then celebrated with some of the excellent brews on offer, personally I concentrated, if that is the right word, on the 'Colliewobbles' and 'Isle of Dogs' that were brewed on the premises. Harvey also joined in with some dog biscuits, as dogs are made very welcome in the back bar.

Showing how well appreciated the Watermill is, we were approached afterwards by Dave of Wolverhampton branch who said that he was staying there for a cycling holiday with members of his and Telford branches to celebrate his 65th birthday, and he had specifically wanted to be at the Watermill.

WESTMORLAND CAMRA EVENTS DIARY

**Contact Duncan Crabtree for more details, bookings etc.
(01539)735739**

From Appleby contact Chris Morris (07796) 341592

For normal Branch Events the pickup point can usually be agreed when booking but is usually the Bus Station in Kendal. There is also often a bus leaving from the Golden Ball in Appleby in Westmorland. For Beer Festivals under your own steam please look at the Beer Festivals page.

Forthcoming Events

Monday 12th September. Branch meeting Hare and Hounds, Bowland Bridge. 8pm. Contact Duncan for transport from Kendal. 01539 735739. From Appleby contact Chris Morris 07796 341592

Saturday 17th September. POTY presentation and social. Bus leaves Kendal and picks up at Appleby. We will then visit Ennerdale Brewery for 11.30, The Brook at Cleator Moor for the presentation 14.00, The Prince of Wales Foxfield for their foreign Beer Fest and maybe a "pee break" on the way back! Pick up times to be confirmed. Contact Duncan for your place on the bus. 01539 735739

Monday 19th September. Beer Festival Meeting and POTS presentation to The Three Greyhounds Great Asby. 8pm Contact Duncan for transport from Kendal. 01539 735739. From Appleby contact Chris Morris 07796 341592

Wednesday 5th October. Social in The Langdales. Meet at The Britannia for 8pm Elterwater finish at The ODG with music. Contact Duncan for transport from Kendal. 01539 735739. From Appleby contact Chris Morris 07796 341592

12th to 15th October. Westmorland Beer Festival. Kendal Town Hall. See page 12

Friday 11th November. Beer Lovers Dinner at The Castle Green Kendal. See page for bookings.

Monday 14th November. Branch Meeting Kings Arms Burton in Kendal. 8pm Contact Duncan for transport from Kendal. 01539 735739. From Appleby contact Chris Morris 07796 341592

Friday December 9th. Xmas Social 7.30 for 8.00pm, this coincides with the Watermills 21st birthday, so an excellent night is in prospect .

THE KINGS HEAD

Ravenstonedale



Having been closed for 3 years CAMRA members were delighted to find that The Kings Head

Ravenstonedale had opened its doors again on the 11th July 2011 after major internal demolition, refurbishment and much needed flood prevention works.

The building dates from the early 17th century, and was probably four cottages originally but during the late 19th century it developed gradually into a Public House

The property was acquired by the Metcalfe-Gibson family back in 1892 and tenanted until this year and now Managed by Beverley Tunstall, past marketing

manager at Tebay Services and her fiancé Garry Fothergill past Head Chef at Leeming House hotel.

On behalf of the three other Directors the project has been overseen by Chris Metcalfe-Gibson, (a retired Cumbrian Consultant General Surgeon), whilst Lanquest Properties carried out the extensive work. The Pub now has 6 double letting rooms all en-suite, a quieter dining area, bar snack area and a farmers bar with darts, dominos and possibly a pool table in the winter months.

Marston's Brewery kindly facilitated the Bar and Cellar work. Three Real Ale pumps are currently proving very popular and we propose to change our Ales on a regular basis by public demand.

On my visit they had Cumberland Ale, and Hobgoblin from the Marston's Range and the guest was Tirril's Nameless Ale. Another great pub is open once more & we wish them all the very best. **ED**

For more details please see the Web Site: WWW.Kings-Head.com.



Top: One of the completely redecorated lounge areas

Below: Beverley behind her newly renovated Bar



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Getting by with a little help from your friends”

I'm hitting the keyboard on the morning after the Summer Solstice, and the weather outside has that now very familiar semi-overcast look about it, but as I turn the radio on it is not the mediocrity of our non-summer to date that bothers me, not a bit of it.

Oh no....what seriously annoys me is hearing yet another bout of alcohol bashing, and this time it's the elderly who are the target. Like it or not I'm now well and truly into that category, but it's not my advancing years that over-trouble me so much as being constantly hectored and lectured to by a legion of well-meaning bodies of opinion.

From the outset I must declare that I am in no way trying to minimise the seriousness of this nation's growing problem of alcohol over-consumption, far from it, but my growing intuition is that the direction of the attack on alcohol is entirely mis-placed. In order to elaborate on this let me start by saying that, to me and I'm sure many others who have thought in depth about the matter, the Big Question, in fact the only question to be asked is why?

Why do we, not only here in the U.K. but all over the world, wish to alter our state of consciousness at various times, whether for stress relief or just plain pleasure?

Most of us do it on a regular basis, whether it's just day dreaming or through the use (yes, and sometimes mis-use) of a wide and growing array of substances legal or otherwise, and I go back to the fundamental question of why.

There seems to be a growing body of opinion that we humans are actually hard wired to get high, and whichever way you

look at this subject it is hard to escape the feeling, both instinctive and empirical, that this is fundamentally what's actually going on.

Again without in any way attempting to minimise the seriousness of alcohol abuse, I would put it to you as readers of this little magazine that our underlying reason for enjoying our Real Ale in a variety of different places, usually in the company of like-minded people, is basically to enjoy and indulge this human need of a pleasant 'High'

A whole range of authorities it would appear from my research into this subject, from philosophers, religious people of every persuasion throughout the ages, and increasingly from the burgeoning discipline of neuro-science, have been and currently are addressing this question.

There is clear evidence, even going back to our cave-dwelling ancestors and their wall art, that the taking of substances in order to alter the normal state of beta consciousness was both widespread and regular. From that point onwards and right up to the present day, this indulgence in consciousness altering substances goes on, but again I bring it back to the fundamental question of why?

Again without in any way wishing to condone or encourage the illegal use of the widening array of such substances, let me put it to you that when, either in the home or in the chosen company of friends, you enjoy simply 'Getting high with the help of your friends' you do this in response to some underlying, fundamental need.

So, in response to those who, for whatever reasons, the medically valid or from other perhaps more questionable sources of conviction, add their increasingly strident voices to the chorus of 'Booze Bashers' I say this: You are

(Continued on page 33)

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Steve and Angie look forward to seeing you

(Continued from page 31)

simply attacking an effect, albeit often a serious one, on society at large.

You, and indeed all of us who take this subject seriously, should seek to discover just what actually causes human beings to want to shift their consciousness away from reality as we know it, Jim, and into one which, albeit temporary in most cases, seems to be a more appealing and desirable place to be.

Start addressing that question and you could be on the way to solving one of the root causes of so much of what currently troubles us by its effect all around the world. We seem to have within us a deep-seated need to shift our focus of consciousness out of the one we assuredly need to survive in the real world, on a regular basis, and that need is almost as fundamental as sleep. Indeed the two states of consciousness are almost certainly related.

It's no good simply attacking the outward and visible effects of alcohol use or abuse and ignoring the underlying cause, because it seems clear to me that it's an issue

requiring a holistic approach to both its nature and its solution.

A good doctor, and one who gets results, is one who attempts to find the basic cause of the ailment and addresses the nature of the problem in a holistic manner.

Finally, this is only a problem if we see the apparent need to get high, with or without a little help from our friends, as being a problem in the first place.

Perhaps our medical people, our scientists, and especially those of the neuro-science discipline, should start looking at finding less dangerous and more acceptable substances that will fulfil our human need to get high but minus or with minimal damaging side effects.

That deep human need to get high won't go away, I think it is very safe to say, and perhaps it was never meant to, in which case let's address the issue by at least accepting this as a fact of human existence and stop treating it as a genetic fault.

Cheers, and enjoy a sensible approach to your drinking, preferably with friends.

G.A. Purcell

CAMRA BEER DISCOUNT SCHEME

We are pleased to report that the following Westmorland Pubs are currently known to be offering beer discounts to card carrying CAMRA members:

Badger Bar, Rydal
Miles Thompson, (Wetherspoons), Kendal
Golden Ball, Appleby
Croglin Castle Hotel, Kirkby Stephen
Elleray Hotel, Windermere
George & Dragon, Dent
The Midland Hotel, Appleby
The Orange Tree, Kirkby Lonsdale

If I've missed one let me know ED



To find a CAMRA discount pub in the UK go to
<http://www.camra.org.uk/page.aspx?o=313087>

Beer Festivals throughout the Year.

In order to give festival goers the full picture it is intended to publish a full list of all such Beer Festivals that we know about and that also meet CAMRA aims.

This list will enable festival visitors to plan ahead and also will especially help the increasing number of Landlords who are seeking to start a new festival. They will be able, if they want, to run their festival at a time which does not clash with neighbouring events.

19/22 Jan	Manchester	Nat Winter Ales Fest
10/12 Feb	Fleetwood	Marine Hall
10/13 March	Foxfield	POW Stout, Porters, Milds & Strong Beer Fest
18/19 March	Whitehaven	Whitehaven Beer & Cider Fest
18/20 March	Staveley	Hawkshead Winter Beer Fest
18/20 March	Haverthwaite	Anglers Arms Beer Fest
1/2/3 April	Windermere	Elleray Hotel. Beer Fest
14/17 April	Kendal	Burgundy's Cumbrian Challenge
22/24 April	Kings Meaburn	White Horse Spring Beer Fest
29/30 April	Staveley	Eagle & Child Beer Fest
19/21 May	Skipton	Town Hall Beer Fest
27/30 May	Bowland Bridge	Hare & hounds Beer Fest.
3/4 June	Keswick	Rugby Club, Keswick
10/12 June	Sizergh	Strickland Arms Beer Fest
18/19 June	Gt Asby	Three Grey hounds Beer Fest
22/26 June	Sedbergh	Dent Music & Beer Fest
23/24/26 June	Underbarrow	Punch Bowl
24/26 June	Appleby	Golden Ball Beer Fest
1/3 July	Kirkoswald	Featherstone Inn Beer Fest
8/10 July	Foxfield	POW Ciders and Perries Beer Fest
15/16 July	Dumfries	Ale & Music Festival
21/24 July	Staveley	Hawkshead Summer Beer Fest
22/24 July	Kings Meaburn	White Horse Summer Beer Fest
29/31 July	Kirkby Stephen	Kings Arms Music & Beer Fest
2/6 August	Earls Ct. London	GBBF Great British Beer Fest
5/7 August	Duften	Stag inn Beer Fest
12/14 August	Tirril	Queens Head Beer & Sausage Fest
1/3 Sept	Ulverston	Furness Branch Beer Fest

(Continued on page 35)

2/3/4 Sept	Grasmere	Tweedies 5th Grasmere Guzzlers Beer Festival
16/18 Sept	Foxfield	POW Foreign Beer Styles
22/24 Sept	Keighley	Keighley Beer Fest
30/Sept & 1/2 Oct	Milnthorpe	Cross Keys Hotel
6/8 October	Carlisle	Solway Beer Fest, Lakes Ct Hotel
7/9 October	Broughton	Broughton Festival of Beers & Bangers
12/15 October	Kendal	Westmorland Beer Fest, Town Hall.
11/13 Nov	Tirril	Pie & Beer Fest

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- **Free Furness Brewers Real Ales to compliment each course, (plus a seventh 'wet' course).**
- **A carefully crafted menu by Castle Green Hotel chef**
- **Justin Woods from the very best locally sourced and beautifully prepared foods.**
- **Price includes a commemorative glass, plus menu with food and beer tasting notes**

- Roger was an early member of the Campaign for Real Ale (CAMRA) in 1971.
- He has written many books on beer and pubs throughout the world.
- He is the editor of CAMRA's Good Beer Guide
- He contributes to What's Brewing, the Morning Advertiser, the Guardian and the Independent

**ROGER
PROTZ**



Ticket Prices:

Non CAMRA Members £35 per head
CAMRA Members £33 per head
Book a table for 10 - £300 per table

**For more information and to Book
your Beer Lovers Dinner contact
Janet Ridal
janetridal@hotmail.com**



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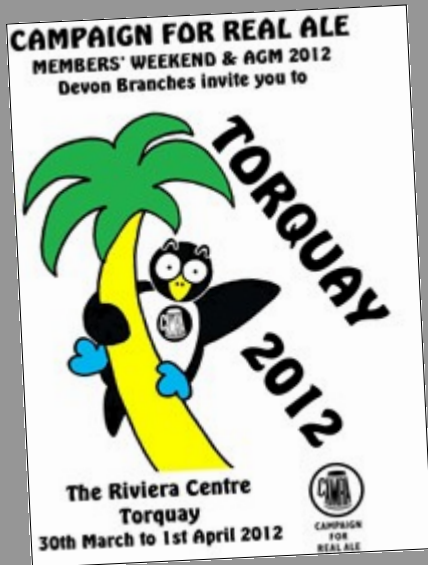
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<http://www.camra.org.uk/page.aspx?o=192602>

DRIP TRAY NOTICE BOARD



Some good news reported elsewhere in this Edition.

The Midland Appleby has reopened
The Chamley Arms at Warcop has reopened

The George at Orton has re opened
The Kings Head has reopened.

The New Inn at Brampton has recently closed due to management problems and a poor Appleby Fair.

The Butchers at Crosby Ravensworth is now open. The pub was bought by and will be run by the community.



The Rifleman's in Kendal has confirmed that they are due to be refurbished after their pubco has finished the one at Carnforth they are currently working on. Anita thinks it should be mid-September when they get to her. The décor would certainly benefit from such a refit to further improve what is already a great little local.

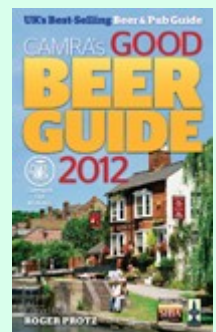
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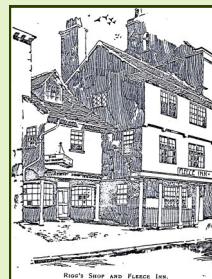




Olde Fleece Inn

(Reputedly Established 1654)

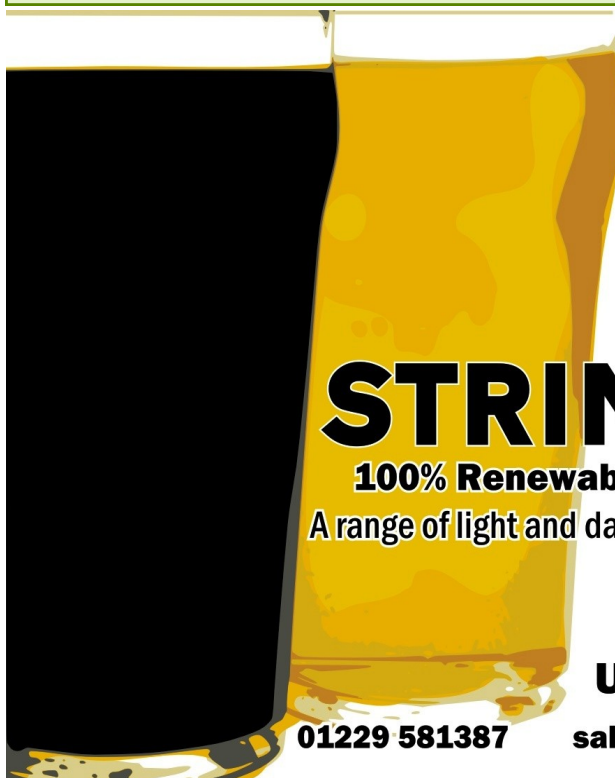
"is one of ancient standing for previous to the year 1772 a four-horsed coach started from this house..... The Fleece Inn even today is of quaint style and represents well the old architecture of Kendal."
(Westmorland Gazette 1881)



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Westmorland is next on my List!

Some news from 'Our Ken & Jackie'

Those who have not had a long time association with Westmorland Branch will not be aware of the existence of one Mr Ken Lowe and his partner Jackie. Ken was, for many years the well respected Chairman of Westmorland Branch and it was a bit of a loss to the Branch to see him depart to as he puts it 'Darn Sarth'.

He nearly always returns to meet old friends during our Beer Festival and, although recuperating from back surgery, he hopes to be here again this October.

He has been in contact to let us know of a recently completed major task which, as one might expect, included sampling lots of the 'amber liquid'.

He has sent the following article from his local paper which tells us all:

Drinker Calls Time on Marathon Pub Crawl

An Addlestone man has completed the bar crawl of a lifetime, having a drink at the bar in every pub in Surrey.

Ken Lowe, 65, completed his seven-year mission earlier this month' when he finally got served at The White Hart in Ewhurst Road, Cranleigh.

He got the idea after completing a similar tour of the pubs on the Isle of Wight.

Ken said: "It started off as a personal challenge I set myself and the object of the exercise was to go into each pub

and have a pint - or at least a drink of some description."

With only a copy of the 1997 edition of The Good Pub Guide as his companion, and occasionally wife Jackie, Ken set off on his quest in 2003, taking in all of the county's watering holes.

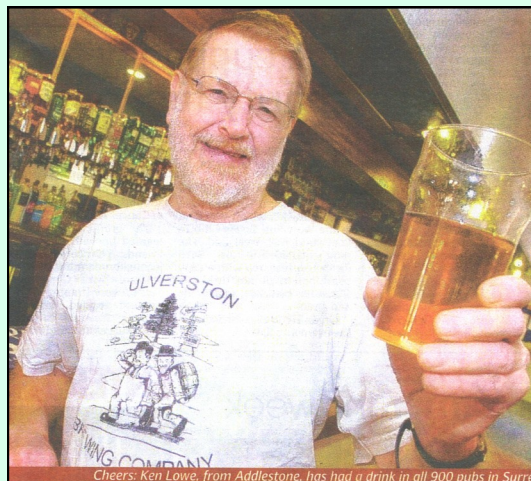
"I'd lived in Surrey for a few years," explained Ken, "but I hadn't really been round the county and got to know it, so this was a great way to do that.

"The last pub I needed to tick off my list was The White Hart which I had tried to do twice before but it kept to old opening hours and was shut in the afternoon so I had to keep trying. Fortunately on Saturday I finally got it."

Father-of-three Ken made most of his pub trips on foot or by public transport but has occasionally had to ask his wife to give him a lift by car to some of the more further afield destinations. "Some of the pubs have been really remote and I've had to ask Jackie very nicely to lend me a hand."

Ken ranks Woking pubs The Sovereigns, The Railway Athletic Club and The Herbert Wells as three of the best pubs he has come across, as well as other further afield.

"I like going out to country pubs in the Surrey Hills area and there are some really nice ones in Godalming." **Ken Lowe**



Cheers: Ken Lowe, from Addlestone, has had a drink in all 900 pubs in Surrey

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Signed: Date:

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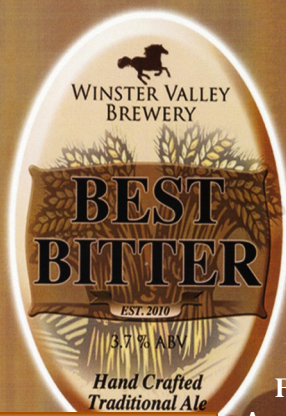
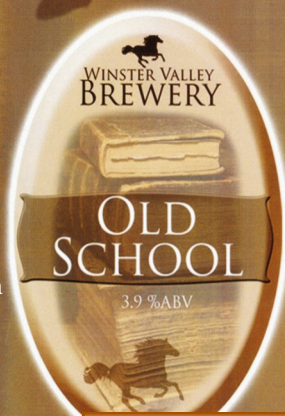
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(Joint must be at same address)



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Bottled Beers
Fresh Produce
Accommodation

BARNGATES BREWERY



A range of traditional ales brewed
in the very heart of the Lake District.

Tel: 015394 36575

info@barngatesbrewerytrade.co.uk

www.barngatesbrewerytrade.co.uk

Branch Officers and Contacts

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Answers to Brain quiz: 2. I understand 3. reading between the lines. 4 cross road
5. tricycle. 6. Two degrees below zero. 7. neon light. 8. six feet underground
9. he's by himself. 10. backward glance.

The Ellera

015394 88464
info@elleraywindermere.co.uk



A WARM WELCOME FROM ADAM & ANGE

- ♦ Four Mostly Local Cask Ales available all year
- ♦ Discount on Cask Ales for card carrying CAMRA Members
- ♦ Dog friendly
- ♦ Locally sourced food available



THE GEORGE & DRAGON DENT



DENT BREWERY TAP HOUSE

Westmorland CAMRA Pub of the Season Winter 2009/10

- Set in the heart of picturesque Dent village.
- Friendly & welcoming Inn
- With en-suite accommodation in all rooms
- Family rooms available
- Real log fires complement the locally sourced produce for our main meals and bar snacks alike
- Our own brewed real cask ales are available
- Walkers & Dogs welcome
- Hours 10.30am till late 7 days a week
- Lunch 12 - 2.30pm; Evening meals 6 - 8.30pm

Should you require more information or a tour
of the famous Dent Brewery please contact us on
015396 25256

Web site: www.thegeorgeanddragondent.co.uk

Email: mail@thegeorgeanddragondent.co.uk

Discounts on Real Ale
given on
production of a CAMRA
Membership Card



www.Lakelandpub.co.uk
Tel 01539 821309

We are situated In the Village of Ings. Near Windermere LA8 9PY

Up to 16 real ales on at once
Excellent choice of menu & specials
Including beef from our own herd
Served every day 12 - 9pm

Children & dogs welcome
On site micro brewery
8 en-suite bedrooms

We give you 100% Beer in our "over sized" glasses !

Food served everyday 12 noon - 9.00pm

We are proud to be named as CAMRA CUMBRIA PUB OF THE YEAR 2009

WATERMILL INN & BREWING Co.
COLLIE WOBBLES
 A Light Golden Ale
 ABV 3.2%
 Brewed in the village of Ings, The Lake District

WATERMILL INN & BREWING Co.
W'RUFF NIGHT
 Pale, Smooth & Dry
 ABV 3.0%
 Brewed in the village of Ings, The Lake District

WATERMILL INN & BREWING Co.
A BIT'ER RUFF
 Classic Best Bitter
 ABV 4.1%
 Brewed in the village of Ings, The Lake District

WATERMILL INN & BREWING Co.
DOG'TH VADER
 Dark & Powerful
 ABV 5.1%
 Brewed in the village of Ings, The Lake District

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